

2020年湖南省普通高等学校课程思政建设研究项目
《《大学英语》课程思政研究与实践》教学设计

课程名称	大学英语 2	学 时	1 学时(45 分钟)
课程类别	A.大学英语 B.英语专业		
教学内容	Journey Through the Odyssey Years		
教学目标	<ol style="list-style-type: none"> 1. linguistic knowledge: words, sentence patterns and the text structure (expository essay) 2. Communicative competence: cooperative learning and independent expression 3. Ideological values: confusion VS struggle 4. Chinese spirit: self-examination, self-consciousness and self-confidence 		
“课程思政” 教育内容	<p>This part guides students to think critically by setting questions at different levels to achieve the objectives of cognition, comprehension, application, analysis and synthesis.</p> <p>Cognition: 你觉得孤独就对了, 那是让你认识自己的机会, 你觉得黑暗就对了, 那是让你发现光芒的机会, 你觉得迷茫就对了, 谁的青春不迷茫。 <i>--- A popular book among the young 《谁的青春不迷茫》</i></p> <p>Comprehension: 盖文王拘而演《周易》; 仲尼厄而作《春秋》; 屈原放逐, 乃赋《离骚》; 左丘失明, 厥有《国语》; 孙子膑脚, 《兵法》修列; 不韦迁蜀, 世传《吕览》; 韩非囚秦, 《说难》《孤愤》; 《诗》三百篇, 大底圣贤发愤之所为作也。 <i>--- 司马迁 《报任安书》</i></p> <p>Application: 天将降大任于斯人也, 必先盗其 QQ, 封其微博, 收其电脑, 夺其手机, 摔其 ipad, 断其 wifi, 剪其网线, 砸其电视, 抢其酒瓶……使其百无聊赖, 然后静坐、思过、锻炼、读书、明智、开悟… <i>--- Online famous saying</i></p>		

Analysis:

● **Struggle (Confusion VS Struggle)**

➤ **What ?**

奋斗就是撸起袖子加油干。

---习近平: 2017 年新年致辞

奋斗就是青春最亮丽的底色。

---习近平: 纪念五四运动 100 周年大会上的讲话

➤ **Why ?**

✓ **Individual pursuit + Civic responsibility**

中国梦是国家的梦、民族的梦，也是包括广大青年在内的每个中国人的梦。“得其大者可以兼其小。”只有把人生理想融入国家和民族的事业中，才能最终成就一番事业。

---习近平: 给北京大学学生的回信

功成不必在我，功成必定有我。

---习近平: 海南谈改革

➤ **How ?**

奋斗不是响亮的口号，而是在做好每一件小事，完成每一项任务，履行每一项职责中见精神。

---习近平: 纪念五四运动 100 周年大会上的讲话

Synthesis:

新“吾日三省吾身:

Have I done the little thing?

Have I completed the task?

Have I performed my responsibility?

---改编自《论语》

“人的一生只有一次青春，现在青春是用来奋斗的，将来青春是用来回忆的。”

---习近平: 纪念五四运动 95 周年大会上的讲话

We should abandon the so-called "Buddhist Culture", "Depression Culture" and "Shut-in Culture", and embrace the setback, frustration and tempering offered by the Odyssey years, then walk out a meaningful life road which is worthy of our reminiscence.

教学方法
与举措

1. Production-Oriented Approach
2. Cooperative Learning Method
3. Brain Storming

We apply POA throughout the class.

Part 1: After the lead-in, we forecast our production, that is to say, we present the topic (communicative scene) and encourage the students to produce the task

which they may find difficult to accomplish. Then we explain the teaching objectives and output tasks (production) and our plan to enable their production.

Part 2: We arrange the MOOC platform tasks and group discussion tasks (Cooperative Learning) before class. Students' preview and teaching evaluation are completed in the 学习通. In the process of classroom teaching, we guide students to master knowledge points, and teste them by Synchronous offline quiz and student presentations in class.

Part 3: This is the key part in this section. We design motivating-enabling-assessing pattern for each question so as to guide students to think critically and explore the ideological education step by step. In this way, students can integrate learning with application.

Part 4: The assessing system and feedback mechanism form a good closed loop of teaching. Through the class quiz, we understand the students' Preview. Random tests are carried out in class, and teaching links and teaching methods are adjusted in time according to the learning situation.

教学实施过程



Part 1 Lead-in 教师领进门

1.1 Odyssey in daily life (3 min)

【教师提问】 Have you ever heard the word Odyssey in our daily life?

【活动方式】 group discussion

【教师讲解】 For men, odyssey is a kind of cars;

For the young, odyssey is a kind of computer games

For scholars, odyssey is a Homer's epic

The word odyssey is originally from Homer's classical epic which depicts the hero's 10-year adventure, and the odyssey years means a hard time to go through. So, driving the car is an adventure, playing the game is an adventure and the students are experiencing an adventure in their life now.

1.2 Odyssey in Homer's epic (2 min)

【教师提问】 What is true for Homer's Odyssey? (多选)

- A. It is a long epic poem by Homer, the English author.
- B. It is about the adventures of the hero, Odysseus.
- C. Odysseus encountered repeated troubles and challenges.
- D. Odysseus finally returned home after about 7 years.

【活动方式】 flipped class + class quiz

【活动说明】 Taking advantage of the flexibility of flipped class, students can freely choose the time to watch TED Talk -- *Everything You Should Know About Homer's Odyssey*. The video is in English without subtitles, so it is difficult for it requires students to study it repeatedly. At the same time, we use the method of class quiz to test the learning effect of students and at the same time analyze the existing problems as well.

1.3 Odyssey in your experience (2 min)

【教师提问】 What is the odyssey years in your experience?

【活动方式】 questionnaire + class analysis

【教师讲解】 The findings:

- (1) What: 89% students feel stressed during the odyssey years.
- (2) Why: Most of the students get the pressure from study and family.
- (3) How: If not guided correctly, they will quit from school and isolate from classmates.

【活动说明】 Before the class, we give out the questionnaires on 腾讯问卷 to investigate the students' current learning and life pressure, the causes of the pressure and the possible adverse consequences of the pressure. At the same time, the analysis of the questionnaire results can arouse the students' attention to the odyssey years, and lead them to the key points and difficulties of this class.

【产出预告】

① After the class, please write a composition on *How can we make good use of the odyssey years to gain a meaning life?* You should write at least 120 words, and base your composition on the analysis of our text.

② Translate some famous Chinese sayings into English which you encounter in the class.

Part 2 Cultivation 学生自修行

2.1 Task presentation (15 min)

【教师提问】 How many parts can this text be divided? And what's the main idea of each part?

【活动方式】 flipped class + teamwork + mind map

【教师提问】 Who can share your mind map with us? Please present it in English.

【活动方式】 mind map + presentation

【教师评价】 3C1Q 评价法

Compliment: surprise

Comment: teamwork

Connect: reading + writing + speaking

Question: How can you improve your presentation?

【活动说明】 Relying on the learning platform, we explain the text structure in MOOC video, therefore students can do a good job in the preliminary work of flipped classroom by self-learning in advance and carrying out the team project (structural mind map) . In the synchronous class, students are invited to show the results of teamwork (structural mind map) and present it orally, so as to improve their reading ability, cultivate their team cooperation ability, and promote their independent English expression ability. The teacher then comments on the students' presentation, corrects the mistakes in time and puts forward improvement measures with the method of 3C1Q.

2.2 Quiz for the task (listening) (3 min)

The odyssey years are certainly a very complicated phase of life for young people. The odyssey years can saddle young people with enormous pressure to move forward. During these years, not only do these young people need to overcome many difficulties, they also have to face many challenges from their parents.

But, if you stay strong, be positive, and keep focused, someday you will look back and wonder at the vast changes as you passed through the odyssey years.

【活动方式】 flipped class + listening test

【活动说明】 The teaching of language points can be in the form of flipped class, and students can decide their learning progress and learning duration according to their own situation. Teachers should pay close attention to the completion of learning tasks, and test them in the synchronous classroom. In this class, students' familiarity with the text and the mastery of key words and expressions are tested in the form of listening. So it is proved that the flipped classroom increases the students' autonomy in learning. While giving freedom and autonomous learning space, the flipped classroom also strengthens the test means and ensures the teaching quality in the process.

Part 3 Laddering 递进搭梯子

1.1 Shallow in: lost and confused odyssey years (8 min)

迷茫颓废的奥德赛岁月

【教师提问】 How do some young people in their odyssey years react according to our text? Are you similar with them?

【活动方式】 brainstorming

【教师讲解】 Maybe you feel upset, maybe you feel confused, so you resort to computer game, but it doesn't matter much. We have to admit that situation. Everyone has a confused youth. Have you read the best seller among the young *Yesterday Once More*(《谁的青春不迷茫》)? I completely agree with the famous saying:

If you feel lonely, you're right, because it's a chance for you to know yourself. If you feel dark, you're right, because it's a chance for you to find out the light. If you feel confused, you're right, because you are young, and you're confused (你觉得孤独就对了, 那是让你认识自己的机会, 你觉得黑暗就对了, 那是让你发现光芒的机会, 你觉得迷茫就对了, 谁的青春不迷茫。).

You are young, and you're confused. Everyone may be confused in this special stage of life, including the teachers.

For us, the confused youth is the odyssey years, and it is the unavoidable growing pain which is also a good chance to know ourselves. Don't be lost, don't be stressful! We can change our attitude to say thanks to it and to embrace it, because we can take the advantage of odyssey years to implement self-examination and self-discovery.

仲尼厄而作《春秋》; 屈原放逐, 乃赋《离骚》; 孙子臧脚, 《兵法》修列; 不韦迁蜀, 世传《吕览》。

So If you feel pressure, if you are afraid and stay away from the confusion, if you get lost in computer games, please be positive and optimistic. We are not a loser, and we just experience a special stage of life. We can make good use of it, and then temper to be a better man.

We can get a famous saying on the internet, which highlights a correct way for us :

When Heaven is about to place a great responsibility on a great man, it always first steals QQ and microblog, confiscate his computer, wrest his mobile phone, smash his iPad, cut off his WiFi and Internet cables, destroy his TVs and grab his wine bottles... so as to make him bored, and then sit still, speculate, exercise, read, wise, enlightened ...

(天将降大任于斯人也, 必先盗其 QQ, 封其微博, 收其电脑, 夺其手机, 摔其 iPad, 断其 wifi, 剪其网线, 砸其电视, 抢其酒瓶……使其百无聊赖, 然后静坐、思过、锻炼、读书、明智、开悟……)

1.2 Deep out: striving and enterprising odyssey years (10 min) 奋斗进取的奥德赛岁

【教师提问】 What's the author attitude to cope with this difficult time period – the odyssey years, to give up or to struggle?

【活动方式】 brainstorming

【教师讲解】 Struggle is definitely a positive answer! But what is struggle? Why should we struggle? And how could we struggle?

● What is struggle?

【活动方式】 group discussion

【教师讲解】接地气的讲，奋斗就是撸起袖子加油干，高大上地说，奋斗是青春最亮丽的底色。

【活动说明】 These famous sayings are from president Xi's speech. We don't offer the English version of the speech, because it is the translation part of the project after class.

● Why should we struggle?

【活动方式】 group discussion

【教师讲解】 Maybe we struggle for a better life, maybe we struggle for our childhood dream, maybe we struggle to gain respect. But all these reasons are for our individual pursuit. However, we are a member of the society, we are the citizen of China, we shoulder the civic responsibility. Have you ever considered to struggle for the society, for our country?

We can easily associate with the dream, the China's dream. Then, you will say I will struggle for China's dream. China's dream is a dream for our country, for our nation, and for every individual. Actually, we can integrate China's dream with personal pursuit, 得其大也可兼其小, 做到中国梦, 功成不必在我, 但功成必定有我. We struggle for China's dream and at the meantime, we struggle to be a better man.

● How could we struggle?

【教师提问】 Have we struggled for the odyssey years since we entered this academy a year ago? Have we stayed strong, been positive and kept focused?

【活动方式】 group discussion

【教师讲解】 Struggle lies everywhere in our daily life. When you open your mind in class, you are struggling, when you temper yourself after class, you are struggling, when you complete every task and perform your responsibility on campus, you are struggling.

Thus, it is not difficult for us to understand President Xi's explanation of struggle. Struggle is not just a lot of slogan, but the spirit in doing every little thing, completing every little task and performing every responsibility.

【教师提问】 How can we struggle in our daily life?

【活动方式】 free talk

【教师讲解】 Confucius instructs us 吾日三省吾身. Now, we can daily exam ourselves on three points. Have I done the little thing? Have I completed the task? have I performed the responsibility?

If you stay strong, if you are positive, if you keep focus, you should say

	<p>“Yes” proudly. Yes, I have struggled on campus, yes, I have struggled to be a better man, and yes, I have struggled to contribute to China’s dream.</p> <p>President xi has addressed us that 现在青春是用来奋斗的，将来青春是用来回忆的。 So, everybody, please get rid of the Buddhism culture, the depression culture and the shut-in culture to embrace the hard time of odyssey years and gain a meaningful life.</p> <ul style="list-style-type: none"> ● Production 课程产出 (2 min) <ul style="list-style-type: none"> ① Writing: How can we make good use of the Odyssey years to gain a meaningful life? ② Translation: 撸起袖子加油干。 奋斗是青春最亮的底色。 功成不必在我，功成必定有我。 现在青春是用来奋斗的，将来青春是用来回忆的。 奋斗不是响亮的口号，而是在做好每一件小事，完成每一项任务，履行每一项职责中见精神。 <p>Part 4 Implement 过程抓落实</p> <p>4.1 Asynchronous flipped class: checked with synchronization We arrange the MOOC platform tasks and group discussion tasks before class, and teste them by Synchronous offline quiz and student presentations in class.</p> <p>4.2 Synchronous offline class: checked with asynchronization We test the synchronous teaching in the classroom with homework project. At the same time, we always require students to adhere to the daily uninterrupted training on 学习通, 中国大学 MOOC platform, Unipus of FLTRP and 微信词达人, thus we monitor the cultivation of listening, speaking, reading and writing ability in multiple aspects.</p>
<p>教学反思</p>	<p>With the reduction of College English class hours, how to ensure the teaching effect of College English course has always been a hot topic.</p> <p>Based on constructivism, we make good use of extra-curricular time and multimedia platform to carry out the hybrid teaching of "flipped asynchronous teaching + Classroom synchronous learning". Combined with the sense of cognitive presence, classroom presence and social presence, we introduce the high-level critical thinking into the interactive classroom, and lead students to experience the jump-then-get-learning.</p>

1. We find out the students' current situation of and get the definite object in view.

Journey through the odyssey years is an expository essay, which tells us the inevitable, confused and even indulgent stage of odyssey years between our teenagers and adults. But such a stage gives us opportunities for self-examination, self-consciousness, self-confidence. Our students have been in school for a year, and they need the correct value guidance and "chicken blood" injection when necessary. Therefore, we should mainly cultivate the students' ability to change, to adapt and to seek change, and stimulate their outlook on struggle and civic responsibility, as well as giving full play to the educational function of philosophy and social sciences.

2. We integrate asynchronous learning and synchronous teaching to increase challenges.

We make full use of high-quality MOOC resources, and implant knowledge imparting cultural background, language points, and text structure into the platform, so that students can carry out exploratory and personalized learning according to their own level and time. At the same time, we put group discussions in WeChat group and actively ask questions and answer questions so as to lead into carefully thinking and distinguishing. We also issue assignments and tests synchronized with the text on the platform of Unipus of FLTRP, and carry out ability training from the five aspects of listening, speaking, reading, writing and translation. We hold the aim to comprehensively realize that "the textbook is not the whole world for students, but the world is the whole textbook for students". MOOC resources can be reviewed and test exercises can be reset, so students have more opportunities to explore and arrange freely, which not only meets the demands to improve students' English ability, but also improves their sense of learning achievement. In the offline class, we increase the difficulty and guide students to think and experience the jump-then-get learning.

3. We enhance the sense of social presence, impart knowledge and educate people.

College English is equipped with the double characteristic of instrument and humanity, which offers unique advantages in ideological and political courses. Only by injecting the spark of the current times can the classic texts radiate the light of thought. Therefore, in order to achieve the goal of telling Chinese stories and spreading Chinese voice, the key to teaching is to combine the text content with social reality, and to inject social presence into classroom presence. In this class, I relate the saying *stay strong, be positive, keep focus* proposed by the author to President Xi's view of youth and struggle. Starting from the micro trivial matters, we strive to improve the height and reliability of classroom ideological and political education, so as to make ideological education silent and imperceptible.

4. We inject high-level critically thinking into class to enhance students' accomplishment

	<p>The whole class adopts the <i>question-chain</i> teaching method, which is follow the shallow-in and deep-out model. Keeping question orientation in mind, we raise a large number of questions to inspire students from the three levels of what, why and how, which embodies the humanistic spirit of philosophy and social sciences, and cultivates students' lifelong learning ability as well as speculative innovation ability. We closely link the text contents with the current hot topics, and acts as a ladder to lead to President Xi Jinping's famous exposition on youth and struggle and to integrate the English text with correct values and China spirit. In this way, we organically combine knowledge ability and quality, and train students to solve complex problems with comprehensive ability and advanced thinking.</p> <p>Participating in this competition is a comprehensive test of my teaching concept, teaching structure, teaching method and teaching content. Learn and then know the deficiency, teach and then know the difficulty. If we know what you don't know, we can reflexive; if we know that you are confused, we can improve ourselves. Teaching and learning are mutually beneficial, and the way to get profound knowledge and perfect teaching is so far that I will search them wholeheartedly.</p>
<p>使用到的教学资源</p>	<p>1. Video: What are the odyssey years? https://v.qq.com/x/page/z080612a3oe.html TED Talks: Everything you need to know to read Homer's Odyssey https://v.youku.com/v_show/id_XMjQ5MTMzNjI4OA==.html</p> <p>2. Books: Educated 《你当像鸟飞往你的山》 How will you measure your life? 《你要如何衡量你的人生》</p> <p>3. Lecture: TED-Designing Your Life https://www.bilibili.com/video/av50415868</p> <p>4. Course: The Stanford Life Design Lab http://lifedesignlab.stanford.edu</p>